



Fiji

# Free Bird Institute

Language School

피지FBI어학원

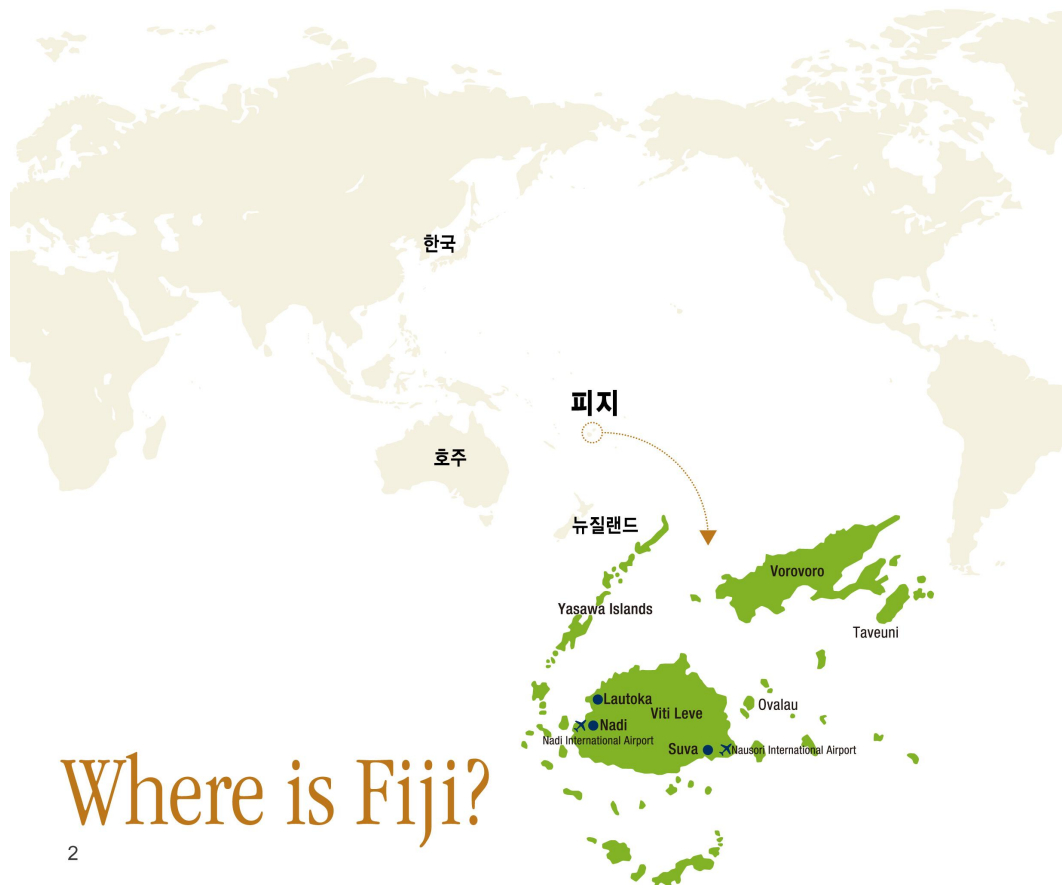




# Introduction of Fiji

## Basic Information of Fiji

Official name of country	Republic of the Fiji (Capital: Suva)
Population	910,000 in 330 islands
Time difference	UTC + 12 hours (During the summer time, +13 hours)
Language	English is the official language. Fijian and Hindustani are also spoken.
Races	Fijian (54.3%), Indian (38.1%), Others (7.5%)
Climate	Moderate through the year. Average temperature is 23 – 28C. Enjoy swimming through the year. There are rainy season and dry season. In the rainy season, torrential rains are observed occasionally. The Western area of Viti Levu Island where Nadi and Lautoka are has less rain in comparison with the Eastern area and comfortable to live in.
Currency	Fijian Dollar (F\$)
Commodity prices	A can of Cola: F\$2 A bread loaf: F\$1 Bus fare to go to school: F\$1 Curry with rice: F\$5 *Just for examples



# Where is Fiji?

## Nadi

A town where all the foreign visitors arrive is Nadi, and where the airport is located. It is the third largest town in Fiji and even on weekdays, the center of the town is full of people and on Saturdays the market is occupied with many people. There are many souvenir shops, shopping malls, restaurants and hotels.



## Lautoka

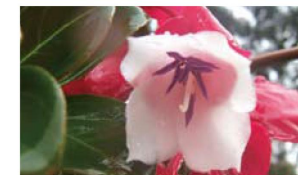
The second largest town in Fiji and Lautoka is larger than Nadi with its scale. Refining of sugar corns is very popular here. It is also very flourished with its fishing port for local fishermen. Most of the shops in town is based for local Fijians, whereas Nadi is full of tourist staying.



## Recommended spots in Fiji

### Lake Tagimaucia

A lake deep in the mountain on the third largest island in Fiji, Taveuni Island. We can see the Tagimaucia, which is a national flower of Fiji and can be found only here. It has a nick name as "Tears of maiden", as well.



### Sigatoka large sand dune

A silver colored sand dune spread out at the estuary of Sigatoka river. It starts from Kulukulu Village near the estuary and spread out for 5Km along the sea shore. Its width reaches 1Km at the widest point, and the west end is 50m above the sea level.



### Yasawa Islands

The islands where the famous film "The Blue Lagoon" was set in. There are many unexplored great natures remaining and so many activities are available to enjoy.

# Language School 3 Opportunities

Our Language School, Free Bird Institute provides you the best environment for you to master practical English bringing out the best in strengths of studying in Fiji.

## What's the Practical English?

English is a measure to communicate with variety of people in the world.

We have variety of scenes to utilize English being faced to every scenes in which we have to communicate with people who have different ideas, exchange opinions to create a common idea and presenting own idea along the flow of the scene.

The language school of Free Bird Institute is adopting Group Lesson style so that the curriculum should help students to learn efficiently about variable expression method, way of thinking, measure of communication in a limited time.

By way of enjoying English conversations with classmates and teachers, students can improve their ability of communications and presentations through the classes, they can master "Practical English".



## 1 Learn practically fitting to the level

### Classes in 7 Levels for Read/ Write/Grammar and Conversation

In Free Bird Institute, students are placed into classes to fit each student's English level, Lessons for Reading/Writing/Grammar in the morning classes and Conversation in the afternoon classes and are separated in 7 classes accordingly.

Students can grow in their strong points, overcoming their weak points at the same time thus improving their English very efficiently.

Placement test is given in writing for listening ability and conversation test with teachers for conversation ability.

### Curriculum based on Conversation

In the morning, Morning Talk (warming up), Reading, Grammar, and Writing are programmed 45 minutes for each. In the afternoon, Speaking (conversation) is programmed for 90 minutes. We have especially twice time for the conversation as much as the other subjects so that it would be a curriculum based on conversation. Reading, writing, and conversation have practical contents from daily life situations. Therefore, students can practice what they have learned at school in the town, and then bring them back to the school to brush them up, making a circulation of practice and study.

### Textbooks developed by Cambridge University in U.K.

The English spoken in Fiji which used to be a territory of U.K. has a root in the British English. Therefore, we use "face 2 face" being developed by Cambridge University in U.K. for the textbook in the class.



Textbooks are rental. You can buy them through "Amazon.com" if you want.



## 2 Learn under strict rules

### EOP (English Only Policy)

EOP is a rule to prohibit any languages other than English in the school property. It is a rule to speak only in English and not only during the class but also during the breaks and after-school hours.

In case a student speaks a language other than English, the student will be given a yellow card. If the student gets the third yellow card, then the student will be expelled from school and forced to depart Fiji immediately. This rule is kept very strictly.

The rule that even among students from the same country have to speak in English enables them to experience the environment of thinking in English and speaking in English.



## 3 Learn TOEIC Program

### TOEIC Course (Optional:charged)

Using a book of practical drills for TOEIC is used as a textbook. By repeating questions and comments for points, abilities of Vocabulary, Grammar, Reading, and Listening will be improved. In the comments for points, the tendency of TOEIC questions, methods of conquest will be instructed.

Beginners' class is recommendable not only for those who wants to improve scores, but also for those who wants to learn hard the English ability. TOEIC course starts at 14:45 after the regular class is over.

US\$85.00/week (10hours) including rental textbook.

#### Choice of Class

**Beginners' Class**  
(Score 10-349 level)

**Middle Class**  
(Score 500-669 level)

**Elementary Class**  
(Score 350-499 level)

**Advanced Class**  
(Score 670- level)



# Class Levels & Course details

Here are examples of Programs that you learn at **Free Bird Institute**.

## Class Level Chart

Advanced	Level 7 Business	Able to do job in English
	Level 6 Advance	Understand movies
Middle	Level 5 Upper Intermediate	Understand some complicated expression
	Level 4 Intermediate	Basic conversation
	Level 3 Pre-Intermediate	Travel Conversation
Elementary	Level 2 Elementary	Minimum Conversation
	Level 1 Starter	Limited words and Expression



**Graduation Ceremony**  
Graduation ceremony is held every week at Free Bird Institute. A diploma will be given to graduates regardless the period of study.

Timetable and details of the class depending on the levels (Examples)

**M**  
Morning Talk  
8:00 → 9:30 (※)

**R**  
Reading  
9:40 → 10:25

**G**  
Grammar  
10:40 → 11:25

**W**  
Writing  
11:35 → 12:05

**S**  
Speaking  
13:00 → 14:30

Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7
Starter	Elementary	Pre-Intermediate	Intermediate	Upper Intermediate	Advance	Business
<b>Pronunciation Practice</b> Correct particular pronunciation Teacher lists out words including "th" on a blackboard, and show their pronunciations.  <b>Introduction of hobbies</b> Improve the ability of basic conversation ① What is your hobby? ② My hobby is cooking. ▶ Try conversation using above sentence replacing with his own word. ▶ Each pair of student try to introduce the hobby of counter party to all of the class.		<b>Situation Story Making</b> Level up the Conversation ability Teacher shows the below pictures. ① Two ladies watching cloths in a department store. ② A lady and a beautician before having her hair cut. ③ A young couple talking seriously in a cafe. ▶ A pair of students selects one picture, and thinks and makes their conversations. ▶ Each pair presents the conversations to all of the class.		<b>Dictation of the Business News</b> Improve the ability of listening Listen to the business news about "Dunkin' Donuts" for three times. ▶ Teacher ask questions and students answer. Ex.) Name of the parent company, year of the establishment, capital value, secret of success, etc. ▶ Teacher explains the important words and expressions in the news and students confirm them by listening to the news again.		
<b>Read and understand the pamphlet of the tour</b> Improve reading comprehension and study expression ▶ A pair of students read different one of the two pamphlet being prepared. ▶ Ask questions each other (Name of the resort, place, cost, etc.) ▶ Write down the answer being given to the question of the counter party. ▶ Exchange each pamphlet, and confirm whether if the answers were correct or not.		<b>Read and comprehend a textbook</b> Improve ability to read and comprehend, and imagination. Students exchange information about China to each other regarding population, history, culture, sports and impressions. ▶ Students presume the content of the text in the textbook being titled "Changing China", only from its title. ▶ Students exchange their supposition. ▶ Read the actual content of the text and confirm what it written there.		<b>Fast reading (Skimming and Scanning)</b> Improve the reading speed Teacher explains the methods of fast reading. A claim document for advertizing and commodity of the domestic electric applications is delivered as a material. ▶ Students read and understand the document within 10 minutes. ▶ Students give answer to the questions given by teacher. ▶ Teacher once again explains the points of fast reading.		
<b>Write sentence using "Can"</b> Make affirmative sentence and negative sentence using "Can", and practice conversation. ① Can you speak Korean? -Yes, I can. ② Can you play the piano? -No, I can not. ③ Can I borrow your pen? -Yes, you can. ▶ Each pair of students try to enjoy conversation with sentence using "can" referring to the above examples. ▶ Each pair of students introduce what the counter party can do to all of the class. ▶ Teacher gives the comment to their introductions.		<b>Exercise of the subjunctive mood</b> Strengthen the ability of practical usage of the grammar Teacher shows the examples below and explain the usage of the subjunctive mood. ① If you had a car, what would you do? -If I had a car, I would drive around Fiji. ② If you were president, what would you do? -If I was a president, I would save people from poverty. ▶ A pair of students practices conversations using the subjunctive mood referring the above examples. ▶ Each pair presents their conversations to all of the class.		<b>Prefixes</b> Strengthen vocabulary Teacher explains about the prefix. ▶ Students present words which include the prefix. Ex.) in→incomplete, incorrect, ineffective un→untrue, unlucky, unpopular ▶ Each pair of students makes conversation sentences using words with prefix. ▶ Each pair of students presents their conversation sentences. ▶ All the students make a list of all the words which came out during the presentations. ▶ Teacher gives explanations to the words with prefix which the students used.		
<b>A letter to the family</b> Strengthen writing ability and expression Select one theme, and write a letter to his/her family ① Food and climate in Fiji ② Homestay family ③ Teacher and friend ▶ Teacher touches it up. ▶ Each student presents his/her letter to all of the class. ▶ Teacher gives more beautiful expression for each mail to be shared with all.		<b>Make an Essay</b> Learn Typical clauses Students present about the differences between his/her own country and Fiji regarding about climate, food, clothes, traditions, humanity, etc.. ▶ Teacher explains how to write an essay. ▶ Students select two themes from the above and write an essay. ▶ Teacher touches it up. ▶ Each student presents his/her essay to the whole class and respond to questions from them.		<b>How to write a business mail</b> Learn example sentences, and strengthen practical performance Teacher explains how to write a business mail. Ex.) Business request, handling claims, presentation, the minutes. ▶ A few students present what they have made. ▶ Teacher corrects students' colloquial expressions to be more adequate business expressions.		
<b>Restaurant's Roll Play</b> Master idiomatic expressions Teacher teaches the below expressions: ① How to get order from the guest. ② How to order to the waiter/waitress ③ How to pay the bill. ▶ Each group of students decide the type of the restaurant such as Japanese, French, etc. ▶ Decide the roles(Guest and Waiter) of students, and make conversations from the order till paying the bill. ▶ Each group presents the conversations they made to all of the class. ▶ Teacher gives the comments. ▶ Teacher gives a commendation to the best group.		<b>Debate</b> Improve the ability of communication and presentation. Teacher explains how to put it forward the debate. ▶ Decide the theme for debate by a majority vote. Ex.) English education in low age, Abolition of the death penalty. ▶ Divide the class in two groups for those we are affirmative and negative. ▶ Each student in each group states his/her opinion for 3 minutes. ▶ Retaliates to the opinion of the counter group. ▶ Teacher acts as judge to decide which is winner.		<b>Employment Interview</b> Strengthen performance of business communication Teacher explains important points for interview for employment. ▶ A pair of students decide the industry to subscribe. ▶ Each one of the pair should be a interviewer and subscriber. ▶ Each pair practices the interview for 10minutes. ▶ The interviewer tell the subscriber the result of the interview by telephone with its reasons. ▶ Teacher gives the comments for each pair for good points and weak points where he/she needs improvements to build up self-confidence for the interview.		



# Accommodations

We prepare two options for your accommodations.  
Homestay with a warm hearted family,  
Dormitory for your own pace.  
You can go with your own choice.



## Homestay

Homestay is to stay at one of the homes in Fiji as a member of the family. There are mainly Fijian's homes and Indian's homes. Meals are served by each family.(2 meals of weekdays, 3 meals on weekends and holidays)

Coordinators in support office visit them to check whether their facilities are good enough for homestay.

Many students who stayed at homestay say that the family treated the student just as a member of the family, and help students to learn English by trying to talk in English with a great patience always. Many of them are spending very hard time to separate hugging with tears when the students have to leave Fiji.

There are many students who are keeping communications with the family even after they come back to their home country, and some of them got back to Fiji to meet the family again, or study again at FBI staying with the same homestay again.

The experience at homestay is something special and very valuable that you can get in Fiji in addition to the improved English.



# Which is your type? Comparison with Homestay and Dormitory

	Homestay	Dormitory
Cost	US\$ 15.00	US\$ 3.00 (4 bed room) / US\$ 12.00 (1 bed room)
Meal	Served	Not served
Location	Various locations in town	At school
Recommendable for	Those who want to practice English at home	Those who want to keep his/her own paces.

## Dormitory

Dormitory stay is a style to enjoy community life with other students.

The size of a room is 2m X 3m. Students have to cook for him/herself. Dormitory is located in the same site of the school building and it is so convenient to go to school. Eating and sleeping together with the students who have the same dream thus strengthening the friendship and relationship to each other.

Moreover, you can make more and more friends beyond your class room and age. Living in dormitory, you can make much more friends than living in homestay.

### about Facility

**Males and females are separated in 2 blocks. Private space.**

Bed (2 story bed X 2 for 4 bed room, Single bed for 1 bed room), Pillow, Blanket, Ceiling fan, Safety box, Desk & Chair for 1 bed room, Kitchen (Refrigerator, Gas stove, Kettle, Cooking table), Shower room (Shower, Washstand), Laundry room, Toilet, Lounge (TV, Table and Chairs),

1 bed room



4 bed room





# How to spend Off time

Experiencing local culture and life during spare time is a true joy of study abroad. We let you know what you can do here.

## Go out

### Market/Super Market



You can buy fresh vegetables and fruits in the market at cheap price. You may cook Japanese foods where you are staying and let the families or your friends enjoy them. In a large super market, you can get anything you want for your daily life. In Nadi, there are big ones in Namaka area.

In Lautoka, there is a shopping mall, "Sugar mall" and in its neighborhood, there are many shops and restaurants, and they are always full of people even on weekdays.



### Restaurant

There are varieties of restaurants that specialize in Indian, Chinese, Italian, Japanese, Korean, etc.. Indian food occupies more than half of restaurants in Fiji, and you can enjoy the real taste of a home-cooked meal of India with a very reasonable price. Other than that, there are fast food restaurants for Pizza and Burger as well. By the way, there are few Fijian food restaurant, and to enjoy Fijian food, you need to go to hotel or parties hosted by local people.

### Sports center

At Nadi sports Club located near Nadi town, or Northern Club near Lautoka campus, you can enjoy tennis, squash, and swimming.

### Cruise to Islands

You can see the small islands being spread out in a beautiful sea and coral reef if you go out on boat from the main island. Most of these small islands have accommodations, and you can enjoy various activities such as diving, snorkeling, banana boating, parasailing, etc..



### Hot spring in Fiji

It takes only 20 minutes by bus to get over to Sabeto muddy hot spring. Not well developed here, but it is surrounded by sugar cane farm, and cows are eating grasses. It is such a peaceful hot spring.



### Church

We recommend you to go to church on Sunday. You will be mesmerized by the Fijian Christians' songs in a beautiful harmony. They always welcome you, and that's a Fiji style. You may be invited to lunch table if you get close to them.

Note: Do not wear clothes which expose your body when you go to church.

### Yoga

Yoga is popular in Fiji as many Indians are living here. In many cases, Yoga lesson is given as a volunteer, and the fee is free or just a few dollars. You can experience a real Yoga here in Fiji. Why don't you challenge it?

### Handicraft

You may find Fijian ladies making handicrafts such as bracelets and anklets in a typical form and with typical materials in Fiji. You can ask them to teach you how to make them. A handicraft called voivoi made from fibers of leaves is just nice for your souvenir.



### Visit villages

There are many villages in Fiji where the life style is very unique and different from what we can see in developed countries. You may be surprised to see the people washing clothes in the river, or no electricity is supplied. It is so inconvenient, but you must be able to have a valuable experience to feel very happy being surrounded by the warm heart of Fijian people.



### Riding on Horseback

At Sanasana village near Natadola Beach, you can enjoy a horseback riding. A comfortable and relaxing time at the resort.



### Golf

The well known professional golfer, Vijay Singh is a graduate of Namaka Public School, which has a close relationship with Free Bird Institute which is located next door! There are many golf courses in Nadi, and green fee is about F\$15 and more.

### Snorkeling

The scuba diving is something to do, but snorkeling is good enough to enjoy in a very transparent and beautiful water in Fiji! If you go to solitary islands, try snorkeling. In many solitary islands, snorkeling set is provided as a rental.



### Surfing/Body board

Natadola beach which is located at 40 minutes by bus, Kulukulu beach which is located 50 minutes by bus are so famous among surfers, and even Fijian surfers are coming there to enjoy it. If you go to Tavara Island of Namotu Island, you'll find the beautiful beach for surfing with 30 meters high waves.

### Jet Ski

In most of the resort, Jet ski is available. You may not be able to use it when the wind is so high. It is a great advantage for you to enjoy it with almost a half fare in comparison with that of other famous island resort such as Hawaii



## Come in touch

### Volunteer

You may do volunteer at Natabua Old People's House, or Treasure House Children's Home.

FBI will not be able to assist you, so please do it by yourself.

### Backpacker

A backpacker is a style to enjoy extremely cheap private travel. You can stay in dormitory type accommodations which allow more people to stay in the same room together. For those backpackers, Bounty Island is located only at 40 minutes boat ride, and Beach Comber Island is located at 30 minutes boat ride from Port Denarau.



### FEEJEE Experience

"FEEJEE Experience" is a tour around Fiji taking for a couple of days. There are many options such as a half round Vitilevu Island, a full round Vitilevu Island, or flying to Vanualevu Island. Visiting many villages, going to sea shores, you can enjoy so many experiences. The trip is together with many tourists from all over the world, and it will be a great chance for you to make good friends. Oh, you bet, it is the best chance to try and brush up your English!

<http://www.feejeeexperience.com/>



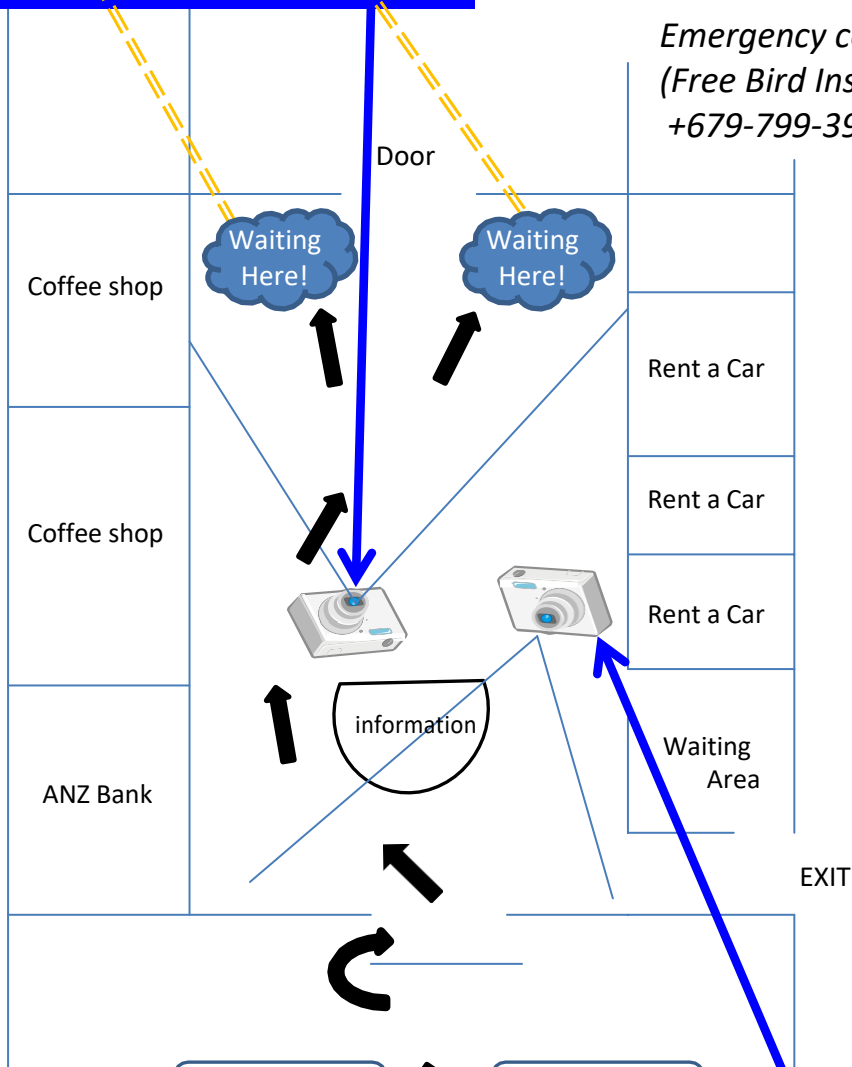


# FBI Staffs will be waiting for you here!

International Arrival Concourse,  
Nadi Airport

*Global Marketing Manager, Mr. Varea is also welcoming you with your name card!*

Emergency contact: 바레아  
(Free Bird Institute, Airport office)  
+679-799-3962



입국심사대

Baggage claim



# Free Bird Institute Policy

EFFECTIVE FROM 13/05/13

## (1) ENGLISH ONLY POLICY (EOP RULE)

●English shall be the only tool of communication within the school premises. Students who fail to follow this policy shall be given the following penalties.

- (First time) - Given **the first yellow card**
- (Second time) - Given **the second yellow card**
- (Third time) - Given a **red card** ⇒ **expulsion <No refund>**

※When students are expelled from school, they must comply with the instruction (deportation) from the Immigration office.

※Whoever is caught will be asked to sign on the yellow card issued paper. If s/he denies it, s/he will be given two cards.

## (2) SCHOOL ATTENDANCE

①Students must achieve more than 80 % of attendance every term.(Except for "Inter-Terms Program" and "TOEIC Course")

※Students whose attendance is less than 80% will be expelled from school and must comply with the instruction (deportation) from the Immigration office.

②In the condition of absence of being sick or injured, it will not be counted as an absence if medical certificates are submitted.

※Absence with medical certificates will be accepted for **5 days per term**.

③Timetable is as below.

Time	Mon	Tue	Wed	Thu	Fri	
8:00-9:00	Theme Talk					I
9:00-9:10	1st Break					
9:10-10:00	Grammar					
10:00-10:10	2nd Break					II
10:10-11:00	Listening	Intensive Speaking	Listening	Intensive Speaking	Listening	
11:00-11:10	3rd Break					
11:10-12:00	Reading	Intensive Speaking	Reading	Intensive Speaking	Reading	
12:00-13:00	Lunch Break					III
13:00-14:30	Social Communication (Discussion/Presentation/Role Play/Debate)					

※ "Listening" and "Reading" classes can be swapped depending on each class.

※ Students are requested to leave school by 17:00.

④Attendance shall be taken at the beginning and the end of each session (3 times a day) .

※Students who are late to any session will be regarded absent for that session.

Note) When students are out of the class for more than 10 minutes during the session, they will be marked absent.

⑤Students shall not attend classes where you are not placed by FBI

## (3) TEXTBOOK

●Students **must not write anything** in their textbook. Every Friday (If Friday is holiday then on the last school day of the week), class teachers collect the textbooks.

※In case that there is anything written on the textbook or it is not returned, students will not be eligible to receive a certificate.

Besides, students must pay FJ\$100 to school within a week as a penalty.

⇒Although students leave Fiji without the payment, FBI will still claim FJ\$100 .

## (4) GRADUATION CERTIFICATE

●The students whose present attendance are over 80%, who return the textbook and who submit the evaluation sheet to school can receive graduation certificate.



#### (5) MOBILE PHONE / AUDIO EQUIPMENT / INTERNET

- ① Students must switch off their mobiles or put them in a silent mode during classes.
- ② Students must not use mobile phones, audio equipment (MP3, IPOD etc), PC and Internet during classes.

#### (6) DRESS CODE

- Students are required to dress modestly at school. Students who do not dress properly as follows will be asked to leave the school for the day. (e.g.) off shoulder clothes, miniskirts/shorts, hot pants, jeans with holes

#### (7) ALCOHOL CONSUMPTION / SMOKING

- ① Students shall not be intoxicated with alcohol when they come to school. Students who are found breaking this rule would be asked to leave school immediately. Repeated offenders shall be sent back to their own country immediately.
- ② Students are to smoke only in the smoking area

#### (8) LOCAL SCHOOL

- Students are not allowed to enter or go through Namaka Public school or Lautoka Delana Primary School.  
※ Only those who study or have their children schooling in the local school are allowed to enter.

#### (9) CLASS LEADERS

- ① The class leader shall represent the class in any meeting called by teachers or the FBI staff.
- ② The class leader is entitled to issue yellow cards to teachers who speak other languages except English according to the EOP rule.

#### (10) VISA

The types of VISA differ according to the scheduled duration of stay as follows.

Duration of stay	The types of Visa	Time to be approved	Validity of Visa	Leaving Fiji after visa is approved	Notice of visa approval
Within 15 days	No Visa	-	Within 15 days from your arrival date in Fiji	As soon as you go out of Fiji, your visa becomes invalid.	
16 days ~ 84 days	Short term Visa	About 2-4 weeks	Until the departure date on your air ticket given to immigration when applying for a student visa	You need to re-apply for your visa when you return to Fiji as your visa becomes invalid.	Please come to the airport office to collect your passport and ticket as soon as you find your name on the visa information list on the school notice board
More than 85 days	Long term Visa	About 1-2 months		Your visa will still be valid even though you go in and out of the country	

- ① Students are basically not allowed to leave Fiji for other countries until their visa is issued.  
Students need to contact the FBI coordinator if they have an unavoidable reason
- ② When students shorten their stay, the valid date of Visa will also be shortened therefore students need to be aware not to stay illegally.
- ③ It is not possible to change from student Visa to other types of Visa (Visitors Visa, Working Visa etc).
- ④ Students are not allowed to visit the immigration office without the permission of the FBI staff.  
The rule of Visa is very complicated so that students are to check proper information with the FBI staff when they are unsure.  
※ Please be informed that there is a possibility for the Visa rule to change according to the decision of the Fiji Immigration Office.

#### (11) ACCOMMODATION

- ① Students are to stay in a place which is arranged by FBI or hotels which are legally registered.  
※ When students stay in a hotel, they need to submit receipts (for duration of school) from the hotel to FBI as a proof of their stay.
- ② Students are not allowed to rent a house or flat by themselves or even with local people in Fiji.  
⇒ If we find out that students did not comply with the rule, they will be expelled from the school.
- ③ If we find out that the non dormitory students have entered the dormitory, they will be expelled from the school.

※ If students do not comply with this policy, or if FBI judges that students disturb order of school or public in Fiji, it will result in their expulsion and cancellation of the contract with or without warning by FBI according to the degree of their violation of the policy. Please be informed that there is a possibility of changing this policy in any occasion.

Fiji

Free Bird Institute



피지어학연수 No.1

피지유학닷컴

www.fijiuhak.com TEL.070-8241-6267

Break  
your shyness!!

